

COLD-PRESSED JUICE

FRUIT & VEG

GREEN JUICES

THE COOLER

Apple, Spinach, Celery, Cucumber, Lime, Avocado

JUNGLE JUICE

Apple, Spinach, Avocado, Carrot, Kale, Celery, Courgette, Parsley, Alfalfa Sprouts

ALL SOPTS

Apple, Cucumber, Celery, Yellow Pepper, Lemon, Courgette, Ginger

CHLORO-FILL

Apple, Cucumber, Spinach, Celery, Avocado, Spirulina Powder

FRUIT & VEG

BEET JUICES

FAB FOUR

Apple, Celery, Carrot, Beetroot

MIGHTY MIX

Apple, Spinach, Beetroot, Pineapple, Carrot, Celery, Cucumber

RDAINIAC

Apple, Cucumber, Celery, Beetroot, Lime, Pineapple, Avocado, Banana, Hemp Protein Powder, Ginkgo Biloba

GOOD VIBRATIONS

Apple, Beetroot, Carrot, Celery, Lemon, Camu Camu Powder, Ginger

FRUIT & VEG

CARROT JUICES

GINGER NINJA

Apple, Carrot, Lemon, Ginger (2%)

FRUIT

[JUICES]

THE OH-JAY

Orange

CITRUS APP

Apple, Lemon

CRANBERRY KUDOS

Orange, Apple, Cranberry, Lime

THE ORCHARD

Apple

MAL FOR MELON

Watermelon, Mint, Basil

DAIRY FREE

SMOOTHIES

CREAM OF BERRY

Apple, Banana, Blueberries, Blackberries, Cranberries, Cherries, Strawberries, Almond Milk, Sesame Seeds, Pumpkin Seeds, Sunflower Seeds, Linseeds

RISE 'N ALIGN

Almond Milk, Apple, Banana, Desiccated Coconut, Ground Linseeds, Mesquite Powder, Ginger, Honey, Chilli

DAIRY

SMOOTHIES

THE HERE & NOW

Apple, Raspberries, Strawberries, Yoghurt, Cacoa Powder, Ginkgo Biloba

RISE 'N SHINE

Yoghurt, Apple, Pineapple, Banana

SPORT



SPORT

PRE-WORKOUT

BEET IT

Beetroot, Watermelon, Lime

DURING WORKOUT

IGNITE

Grape, Coconut Water, Lime

POST WORKOUT

RELOADED

Grape, Coconut Water, Blueberries, Honey, Lemon

MUSCLE MEMORY

Milk, Almonds, Cacao, Agave, Vanilla Extract

LEVEL UP

Yoghurt, Vanilla Extract, Peanut Butter, Banana, Honey